

Name: _____

Treatment Start Date: _____

	Pre-treatment considerations	At initiation of treatment (start of month 1)	Start of month 2	Start of month 3	Start of month 4
Patient Assessment (Rate % acne improvement over pre-treatment)		<input type="checkbox"/> 25% <input type="checkbox"/> 50% <input type="checkbox"/> 75% <input type="checkbox"/> 100%	<input type="checkbox"/> 25% <input type="checkbox"/> 50% <input type="checkbox"/> 75% <input type="checkbox"/> 100%	<input type="checkbox"/> 25% <input type="checkbox"/> 50% <input type="checkbox"/> 75% <input type="checkbox"/> 100%	<input type="checkbox"/> 25% <input type="checkbox"/> 50% <input type="checkbox"/> 75% <input type="checkbox"/> 100%
Dosage	<ul style="list-style-type: none"> ▶ The initial dose of CLARUS[®] should be individualized according to the patient's weight and severity of the disease. It should be noted that transient exacerbation of acne is occasionally seen during this initial period ▶ A complete course of therapy consists of 12-16 weeks of CLARUS[®] administration ▶ Please consult prescribing information for complete dosage and administration instructions 	<ul style="list-style-type: none"> ▶ Start at 0.5 mg/kg body weight for the first 2-4 weeks ▶ For females, treatment should start on the second or third day of the next normal menstrual period following the negative pregnancy test 	<ul style="list-style-type: none"> ▶ Maintenance therapy should be adjusted between 0.1 and 1 mg/kg body weight daily (up to 2 mg/kg body weight daily in exceptional instances) ▶ Dosage depends upon individual patient response and tolerance to the drug ▶ Review any side effects and adjust dosage as required 	<ul style="list-style-type: none"> ▶ Maintenance therapy should be adjusted between 0.1 and 1 mg/kg body weight daily (up to 2 mg/kg body weight daily in exceptional instances) ▶ Dosage depends upon individual patient response and tolerance to the drug ▶ Review any side effects and adjust dosage as required 	<ul style="list-style-type: none"> ▶ Maintenance therapy should be adjusted between 0.1 and 1 mg/kg body weight daily (up to 2 mg/kg body weight daily in exceptional instances) ▶ Dosage depends upon individual patient response and tolerance to the drug ▶ Review any side effects and adjust dosage as required
Female patients only	<ul style="list-style-type: none"> ▶ Use effective contraception without any interruption for one month before beginning CLARUS[®] therapy ▶ Two reliable forms of contraception to be used simultaneously, even by female patients who normally do not employ contraception due to infertility or who claim absence of sexual activity or who have amenorrhea ▶ Two negative serum or urine pregnancy tests before starting CLARUS[®] therapy ▶ Treatment should start on the second or third day of the next normal menstrual period following the negative pregnancy test ▶ Review CLEAR[™] ▶ No breast-feeding 	<ul style="list-style-type: none"> ▶ Use effective contraception without any interruption during CLARUS[®] therapy ▶ Two reliable forms of contraception to be used simultaneously, even by female patients who normally do not employ contraception due to infertility or who claim absence of sexual activity or who have amenorrhea ▶ Pregnancy test must be repeated monthly for pregnancy detection during CLARUS[®] treatment ▶ Review CLEAR[™] ▶ No breast-feeding 	<ul style="list-style-type: none"> ▶ Use effective contraception without any interruption during CLARUS[®] therapy ▶ Two reliable forms of contraception to be used simultaneously, even by female patients who normally do not employ contraception due to infertility or who claim absence of sexual activity or who have amenorrhea ▶ Pregnancy test must be repeated monthly for pregnancy detection during CLARUS[®] treatment ▶ Review CLEAR[™] ▶ No breast-feeding 	<ul style="list-style-type: none"> ▶ Use effective contraception without any interruption during CLARUS[®] therapy ▶ Two reliable forms of contraception to be used simultaneously, even by female patients who normally do not employ contraception due to infertility or who claim absence of sexual activity or who have amenorrhea ▶ Pregnancy test must be repeated monthly for pregnancy detection during CLARUS[®] treatment ▶ Review CLEAR[™] ▶ No breast-feeding 	<ul style="list-style-type: none"> ▶ Use effective contraception without any interruption during CLARUS[®] therapy and for one month after treatment ends ▶ Two reliable forms of contraception to be used simultaneously, even by female patients who normally do not employ contraception due to infertility or who claim absence of sexual activity or who have amenorrhea ▶ Pregnancy test must be repeated monthly for pregnancy detection during CLARUS[®] treatment and at one month after discontinuation of treatment ▶ Review CLEAR[™] ▶ No breast-feeding
Precautions	<ul style="list-style-type: none"> ▶ Do not donate blood ▶ Do not share prescription ▶ Do not take tetracyclines ▶ No vitamin A supplements ▶ Use sun protection ▶ Abstain from/minimize alcohol consumption ▶ Do not have cosmetic procedures to smooth the skin ▶ No St. John's Wort 	<ul style="list-style-type: none"> ▶ Lab monitoring one week prior to visit ▶ Do not donate blood ▶ Do not share prescription ▶ Do not take tetracyclines ▶ No vitamin A supplements ▶ Use sun protection ▶ Abstain from/minimize alcohol consumption ▶ Do not have cosmetic procedures to smooth the skin ▶ No St. John's Wort 	<ul style="list-style-type: none"> ▶ Lab monitoring one week prior to visit ▶ Do not donate blood ▶ Do not share prescription ▶ Do not take tetracyclines ▶ No vitamin A supplements ▶ Use sun protection ▶ Abstain from/minimize alcohol consumption ▶ Do not have cosmetic procedures to smooth the skin ▶ No St. John's Wort 	<ul style="list-style-type: none"> ▶ Lab monitoring one week prior to visit ▶ Do not donate blood ▶ Do not share prescription ▶ Do not take tetracyclines ▶ No vitamin A supplements ▶ Use sun protection ▶ Abstain from/minimize alcohol consumption ▶ Do not have cosmetic procedures to smooth the skin ▶ No St. John's Wort 	<ul style="list-style-type: none"> ▶ Lab monitoring one week prior to visit ▶ Do not donate blood this month and the month after CLARUS[®] therapy ends ▶ Do not share prescription ▶ Do not take tetracyclines ▶ No vitamin A supplements ▶ Use sun protection ▶ Abstain from/minimize alcohol consumption ▶ Do not have cosmetic procedures to smooth the skin ▶ No St. John's Wort
Blood monitoring	<p>Complete blood count</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Blood sugar (diabetics)</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Urine or serum pregnancy</p> <input type="checkbox"/> Negative <input type="checkbox"/> Positive <p>Lipids</p> <p>Triglycerides¹</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Cholesterol</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>HDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>LDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>(Abnormalities of serum triglycerides, HDL and cholesterol were reversible upon cessation of CLARUS[®] therapy)</p> <p>Liver function</p> <p>ALT</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>AST</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Alk. Phos.</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<p>Complete blood count</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Blood sugar (diabetics)</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Urine or serum pregnancy</p> <input type="checkbox"/> Negative <input type="checkbox"/> Positive <p>Lipids</p> <p>Triglycerides¹</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Cholesterol</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>HDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>LDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>(Abnormalities of serum triglycerides, HDL and cholesterol were reversible upon cessation of CLARUS[®] therapy)</p> <p>Liver function</p> <p>ALT</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>AST</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Alk. Phos.</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<p>Complete blood count</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Blood sugar (diabetics)</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Urine or serum pregnancy</p> <input type="checkbox"/> Negative <input type="checkbox"/> Positive <p>Lipids</p> <p>Triglycerides¹</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Cholesterol</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>HDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>LDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>(Abnormalities of serum triglycerides, HDL and cholesterol were reversible upon cessation of CLARUS[®] therapy)</p> <p>Liver function</p> <p>ALT</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>AST</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Alk. Phos.</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<p>Complete blood count</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Blood sugar (diabetics)</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Urine or serum pregnancy</p> <input type="checkbox"/> Negative <input type="checkbox"/> Positive <p>Lipids</p> <p>Triglycerides¹</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Cholesterol</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>HDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>LDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>(Abnormalities of serum triglycerides, HDL and cholesterol were reversible upon cessation of CLARUS[®] therapy)</p> <p>Liver function</p> <p>ALT</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>AST</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Alk. Phos.</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<p>Complete blood count</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Blood sugar (diabetics)</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Urine or serum pregnancy</p> <input type="checkbox"/> Negative <input type="checkbox"/> Positive <p>Lipids</p> <p>Triglycerides¹</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Cholesterol</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>HDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>LDL</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>(Abnormalities of serum triglycerides, HDL and cholesterol were reversible upon cessation of CLARUS[®] therapy)</p> <p>Liver function</p> <p>ALT</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>AST</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <p>Alk. Phos.</p> <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal
Nuisance Side Effect Management	<p>Side effect counselling</p> <p>Common side effects*</p> <input type="checkbox"/> Acne flares <input type="checkbox"/> Chapped lips <input type="checkbox"/> Dryness of lining of nose <input type="checkbox"/> Dry skin or itching <input type="checkbox"/> Dryness of the eyes <input type="checkbox"/> Arthralgia <input type="checkbox"/> Tendinitis <input type="checkbox"/> Other: _____ <input type="checkbox"/> Other: _____	<p>Side effect counselling</p> <p>Common side effects*</p> <input type="checkbox"/> Acne flares <input type="checkbox"/> Chapped lips <input type="checkbox"/> Dryness of lining of nose <input type="checkbox"/> Dry skin or itching <input type="checkbox"/> Dryness of the eyes <input type="checkbox"/> Arthralgia <input type="checkbox"/> Tendinitis <input type="checkbox"/> Other: _____ <input type="checkbox"/> Other: _____	<p>Side effect counselling</p> <p>Common side effects*</p> <input type="checkbox"/> Acne flares <input type="checkbox"/> Chapped lips <input type="checkbox"/> Dryness of lining of nose <input type="checkbox"/> Dry skin or itching <input type="checkbox"/> Dryness of the eyes <input type="checkbox"/> Arthralgia <input type="checkbox"/> Tendinitis <input type="checkbox"/> Other: _____ <input type="checkbox"/> Other: _____	<p>Side effect counselling</p> <p>Common side effects*</p> <input type="checkbox"/> Acne flares <input type="checkbox"/> Chapped lips <input type="checkbox"/> Dryness of lining of nose <input type="checkbox"/> Dry skin or itching <input type="checkbox"/> Dryness of the eyes <input type="checkbox"/> Arthralgia <input type="checkbox"/> Tendinitis <input type="checkbox"/> Other: _____ <input type="checkbox"/> Other: _____	<p>Side effect counselling</p> <p>Common side effects*</p> <input type="checkbox"/> Acne flares <input type="checkbox"/> Chapped lips <input type="checkbox"/> Dryness of lining of nose <input type="checkbox"/> Dry skin or itching <input type="checkbox"/> Dryness of the eyes <input type="checkbox"/> Arthralgia <input type="checkbox"/> Tendinitis <input type="checkbox"/> Other: _____ <input type="checkbox"/> Other: _____
Suggested treatments for nuisance side effects	<ul style="list-style-type: none"> ▶ Exacerbation of acne is usually transient ▶ Chapped lips: apply petroleum jelly product such as Vaseline[™] ▶ Dryness of lining of nose: apply nasal lubricant such as Secaris[®] Nasal Gel ▶ Dry skin or itching: apply a water-based moisturizer such as Cetaphil[®] 			<ul style="list-style-type: none"> ▶ Dryness of the eyes: use artificial tears product such as Tears Naturale[®] ▶ Arthralgia: treat with acetaminophen or NSAIDs ▶ Tendinitis: treat with acetaminophen or NSAIDs 	
Other Considerations	<p>Questions for patients</p> <p>Mood swings?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <p>Depression?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No	<p>Questions for patients</p> <p>Mood swings?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <p>Depression?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No	<p>Questions for patients</p> <p>Mood swings?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <p>Depression?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No	<p>Questions for patients</p> <p>Mood swings?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <p>Depression?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No	<p>Questions for patients</p> <p>Mood swings?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <p>Depression?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No